

Together @ Home

Here are some activities you could do together as a family, begin with the story and then do as many or as few as you like, in any order.



Bible Passage

Today we will be exploring the story of David and Jonathan Goliath. You can find it in your Bible in:

1 Samuel 18–20

Read the story together – choose a Bible translation or children’s story version which best suits your group.



Discussion

A question to answer together

What do you think makes a good friend?

A question for adults to ask children

How do you think Jonathan felt when he heard what his father had done to David?

Jonathan cared about David, but he also loved his father. David had been welcomed into their family, living and serving the King. It must have been really hard to hear that Saul was no longer a friend to David.

Jonathan wanted to be a good friend to David but he also continued to honour and respect his father. He made the difficult choice to do what he knew was right and to support and protect his friend.

A question for children to ask adults

Can you tell me about a friend who has had the biggest impact in your life?

A prayer to say together

Dear God,

Thank you for the story of David and Jonathan, good friends who supported each other through difficult times.

Help us to be good friends too, caring for others and supporting them when they face challenges.

Thank you for the friends you have put around us in our lives who can support us in difficult times as well.

Amen



Family Activity 1



In the story Saul tried to attack David with a spear.

Make your own spears from sticks or paper tubes e.g. inside of kitchen foil/wrapping paper. Have a spear throwing competition to see who can throw their spear the furthest or can get closest to a target!

Make sure you check that you aren’t going to hit anybody before you throw.



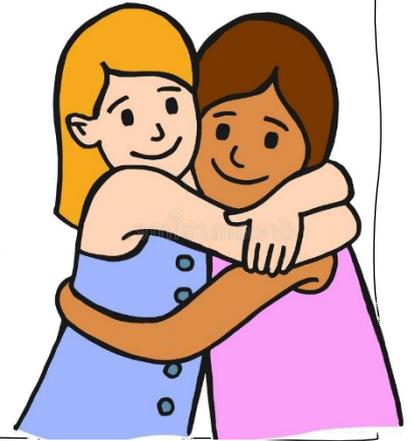


A verse to remember

Proverbs 17 v 17

**A friend loves you all the time,
and a brother helps in time of trouble.**

Try to learn this verse together, you could come up with some actions to help you remember it or decorate the verse on a piece of paper or card together and put it up somewhere to remind you of it through the week.



Family Activity 2

Our friends and family are there to help us and support us through the good times and the difficult times.

Set up an obstacle course using furniture from around your home and see if you can complete it as a family all staying connected!

Use a scarf or piece of fabric to join family members together at the ankle and complete a three-legged race.



Helping Older Children

Just as Jonathan chose to do the right thing we can help our children to know that they can resist peer pressure and choose to do the right thing even if it means not agreeing with our friends.

Our behaviour and choices is determined not by how others ask us to behave but how God wants us to.

Encourage your children to question whether a behaviour or activity is pleasing to God. Explain that if your friends really support you, they will accept when you say no to things even if they don't understand your reasons completely.

Active Prayer

You will need: Paper, pens, a timer

It's good to celebrate and say thank you to God for all the wonderful friends we have.

Take some time to pray for as many friends as you can. Set the timer for a few minutes, everybody should write down the names of as many friends as they can think of or draw quick stick figures of them.

Then set the timer again, this time, your challenge is to pray for all of the friends that you have written down. Put a tick by them as you pray...don't miss any out!



You could write a message or draw a picture to encourage and thank a friend. Why not spend some time listening to God and asking if He has any messages or encouragements for your friends as well.

Colouring page

Proverbs 17 v 17

A friend loves you
all the time,

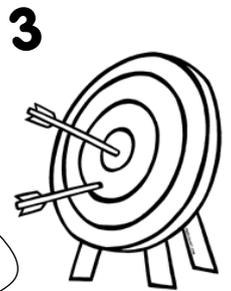
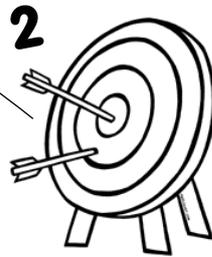
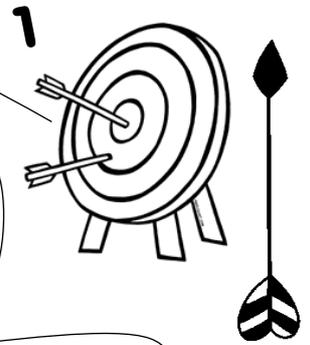
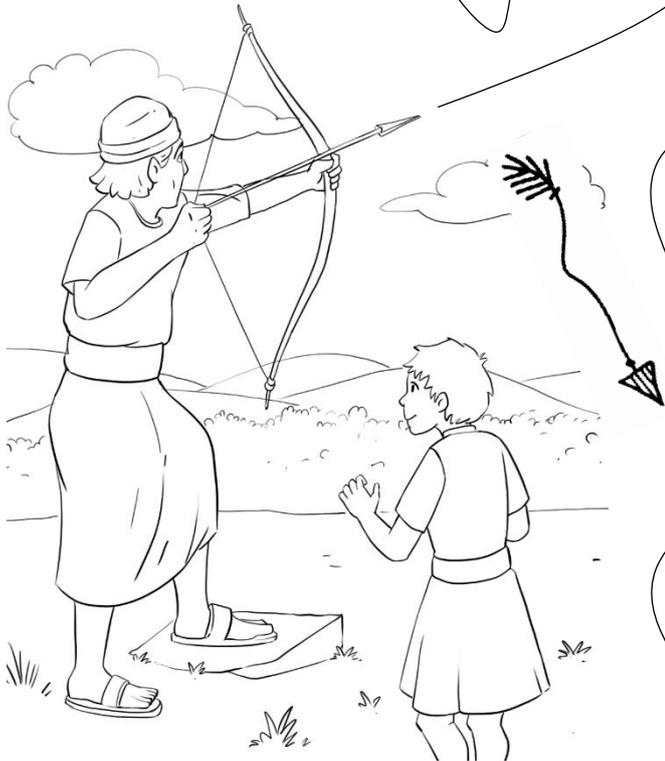


and a brother helps
in time of trouble.

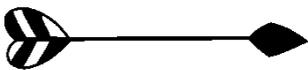
PUZZLE SHEET



Jonathan was an archer
- which target will his
arrow hit?



How many
arrows can you
find hidden on
the page?



Find all these words hidden
in the wordsearch. The
letters that are left will spell
out something that
Jonathan said to David.

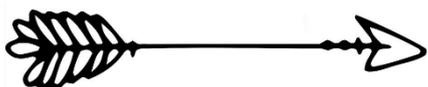
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e	a	w	e	h	a	v	e	p	o
r	o	u	m	i	s	e	d	b	n
y	t	h	l	e	l	o	r	d	a
p	r	o	m	i	s	e	t	h	t
a	t	w	e	w	o	r	r	a	h
d	i	v	a	d	w	i	l	l	a
b	e	d	l	e	i	f	f	r	n
f	e	s	t	i	v	a	l	i	e
n	f	r	i	e	n	d	s	d	s

David
Jonathan
Saul

arrow
field
festival

promise
friends





Can you find the arrow that doesn't
have a matching pair?

