

Here are some activities you could do together as a family, begin with the story and then do as many or as few as you like, in any order.

### **Bible Passage**

Today we will be exploring together, Jesus' Beatitudes from the Sermon on the Mount.

You can find it in your Bible in: Matthew 5 v 1–12

Read the story together – choose a Bible translation or children's story version which best suits your group.



### A prayer to say together

Dear God,

Thank you that you love us and want to bless us. Thank you for Jesus' teaching which reminds us that you bless those who need you most. Help us to seek what pleases you and trust you to give us what we need.

We pray for those in our world who are struggling, the poor, the sick, the grieving, the homeless and the hungry. Would you bless them and those who are working to help them.

Show us God how we can be a blessing to those around us.

Amen.

### Discussion

#### A question for adults to ask children

What are blessings? Who was blessed in the passage?

This list is often called the 'Beatitudes' and beatitude means being blessed! Blessings are when we receive good things from God. During his famous sermon on the mount Jesus shared this list of people who are blessed. It might have surprised his audience that God chose to bless those who needed Him most – the sad, the poor, the hurting and those who needed his help.

Why do you think God chose these people to bless?

A question for children to ask adults

Can you tell me about a time when you felt blessed by God?

## Family Activity 1

How can your family be a blessing this week? Why not talk and pray together about who God would want to bless in your community. Here are some ideas of ways to be a blessing.

Make sure to choose activities that comply with your local social distancing and lockdown rules.

- Bake or cook something to share with a neighbour or friends.
- Write, draw or film an encouraging message for somebody you cannot visit at the moment.
- Look through your wardrobes for something you could donate that you have outgrown or no longer wear.



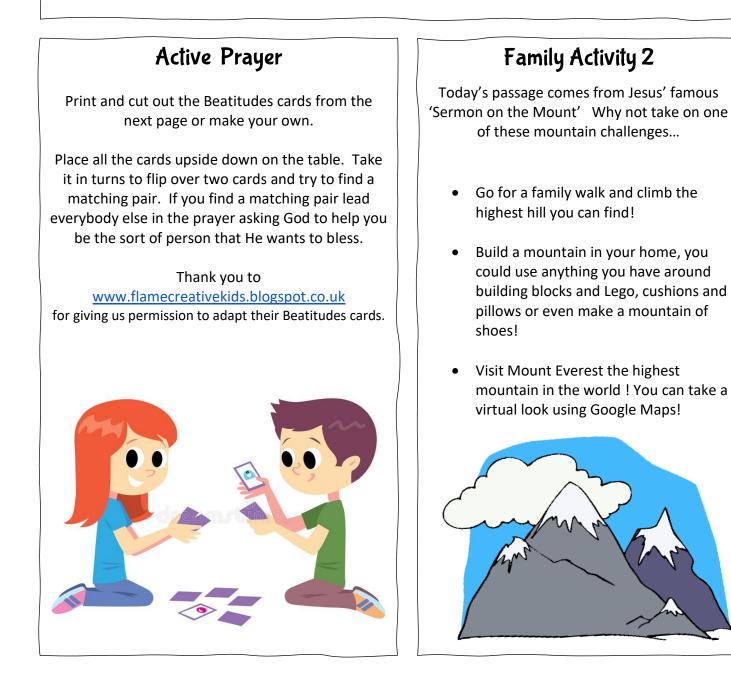
### A verse to remember

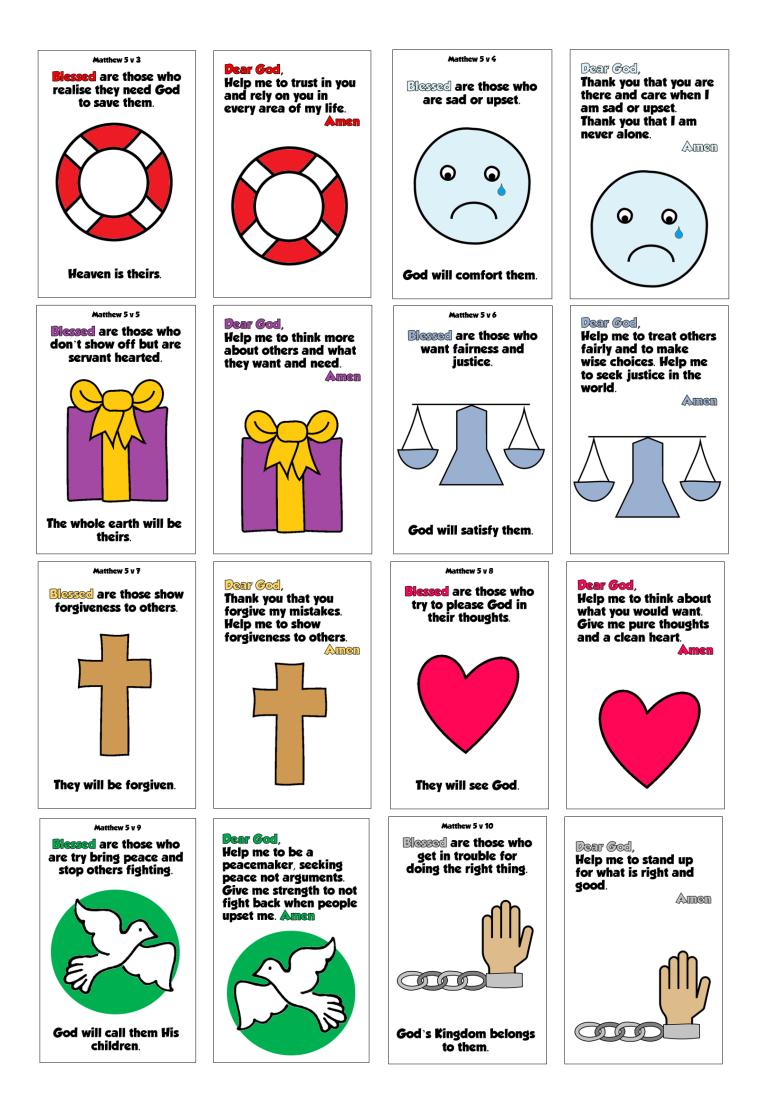


Revelation 7 v 16-17 "Those people will never be hungry again, and they will never be thirsty again. The sun will not hurt them, and no heat will burn them, because the Lamb at the centre of the throne will be their shepherd. He will lead them to springs of water that give life. And God will wipe away every tear from their eyes."

What a beautiful picture we find in Revelation, people in white robes bowing down before God's throne giving thanks – this is the ultimate blessing that Jesus promised. Those who were hungry and thirsty, those who were sad are now drawn close to the God who loves them like a shepherd.

Why not read the whole passage from Revelation 7 v 9-17: how does it make you feel? What similarities can you find to Jesus' words in Matthew 5?





# A colouring page you could print and colour together

This page is from religiousdoodles.com you can find all the beatitudes as colouring pages here: https://www.religiousdoodles.com/sermon-on-the-mount-coloring-pages.html



