

Here are some activities you could do together as a family, begin with the story and then do as many or as few as you like, in any order.

Bible Passage

Today we will be exploring together the story of Jesus' transfiguration.

You can find it in your Bible in: Mark 9 v 2–9

Read the passage together – choose a Bible translation or children's story version which best suits your group.



A prayer to say together

Dear God,

Thank you for the story of Jesus' transfiguration which reminds us of how holy Jesus is. Even as we draw close in friendship with you help us remember what a privilege it is to be able to come into your presence.

Thank you that just like Elijah, Moses and the disciples we can know you and grow in knowledge of you and relationship with you. Help us to make time with you a priority this week.

Amen

Discussion

A question for adults to ask children

Why do you think that God chose Elijah and Moses to appear with Jesus? Why do you think that Peter and the other disciples were so scared?

Elijah and Moses were both very important figures in Jewish history. When we read their stories in the Bible we know that both heard clearly from God and had significant personal encounters and relationship with Him. In choosing these two figures, Moses who led God's people to the promised land and Elijah who was a prophetic voice to God's people in challenging times God showed how important Jesus was in his big plan for the world.

Peter and the disciples had seen Jesus do amazing things but in this passage it says his appearance was physically changed, he was shining brightly, for the first time they got a glimpse of Jesus not just as the friend they had been journeying with but filled with heavenly glory!

A question for children to ask adults

Can you think of a time when you saw somebody you had known for a long time in a completely new light o encountered a new side of them?

Family Activity 1

Transfiguration

We often call this story in the Bible the 'transfiguration' which means a complete change of form of appearance.

Play a "what's changed" game together. Everybody should close their eyes while one person changes something in the room. It could be closing the curtains or swapping two pictures over or putting on a hat! They should tell everybody when they can open their eyes. Who can spot what has changed the fastest?





Romans 12 v 2 Do not be shaped by this world; instead, be changed within by a new way of thinking. Then you will be able to decide what God wants for you; you will know what is good and pleasing to him and what is perfect.

A verse to remember

Try to learn this verse together, you could come up with some actions to help you remember it or decorate a copy and put it up somewhere you can see it during the week.

Active Transformation

What are some of the things that we can do in our own lives to grow in knowledge of God and relationship with Him? Here are some ideas for you to try.

Active Study

Find today's story in your own Bible and read it again, ask God to help you find something new that you didn't think about the first time you read the story.

Find one thing from the story that you can apply to your own life and the way you live for God.

Active Prayer

Take some time to pray and ask God to help you change you life to be even more like him. Why not try these keep fit, active prayers.

- Do 10 star jumps as you jump ask God to help you reach out to others and share his love.
- Stretch your arms up as high as you can ask God to help you connect with him more this week.
- Do ten push ups ask God to help you build and strengthen your faith.

Active Listening

In the passage God said "This is my Son, whom I love, and I am very pleased with him. Listen to him!" Take some time to wait on God and ask Him to speak to you. Remember that God can speak to us through words, pictures or feelings in our hearts.



Family Activity 2

"Let's build a tent!"

When Peter saw Jesus transfigured, he panicked and didn't know what to do. I wonder what the other disciples thought of his idea that they set up tents! Why not build your own tent to hang out in as a family. You could use sheets or blankets combined with furniture or anything you have handy.

While you are in your tent, why not read and explore some of these stories from the lives of Moses and Elijah. You might like to look for similarities and differences between the stories and the story we explored today.

Exodus 33 v 7-23

Moses sets up a tent where he can meet with God and has an amazing encounter when he asks to see God's glory.

1 Kings 19 v 1-18

Elijah encounters an angel who gives him breakfast and then meets with God on a mountain.



This sheet to help children explore listening to God is available from www.tath.co.uk/other-resources

A colouring page you could print and colour together

Colouring sheet by Ericson Dela Paz – https://www.etsy.com/uk/shop/RicLDPArtworks



